

Recent Books from/on Myanmar – June 2019

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Biography

Autobiography of Sir Arthur Eggar (1877-1958)

Myanmar: Flying Colours, 2013

72p.

\$ 24.00 / PB

174gm.

<http://www.marymartin.com/web?pid=617684>

Quest for Peace: An Autobiography / Khin Myo Chit

Yangon: Parami Sarpay (Parami Bookshop), 2016

278p.

1. Khin Myo Chit, Daw, 1915-1999.
2. Peace-building -- Burma.
3. Women political activists -- Burma -- Biography.
4. Burma -- Politics and government -- 1948-

\$ 18.00 / PB

192gm.

<http://www.marymartin.com/web?pid=617685>

Cookery

0451 Mornings Are For Mont Hin Gar: Burmese Food Stories / Bryan Koh
Singapore: Xochipilli, 2015

603p.

Includes Index

9789810959340

\$ 100.00 / HB

2390gm.

Both a food-centred travelogue and recipe book, 0451 Mornings are for Mont Hin Gar explores regional Burmese cuisine, taking the reader on a journey through Myanmar's vast and varied culinary landscape. The title pays homage to mont hin gar, a fish soup noodle dish that the locals usually have for breakfast. Filling its pages are richly illustrated food stories gleaned through the author's travels all over the country, from Mandalay teashops to Waymo eateries, from Rakhine markets to Bagan and Mawlamyaing home kitchens. Laden with information on local ingredients and cooking methods, one can expect recipes for staples, such as fermented tea leaf salad and mont hin gar, as well as more unusual dishes such as kyaing tong peanut tofu salad, Chin white corn porridge, and a curry of pork, fermented sesame paste and citron leaves from the arid central plains.

<http://www.marymartin.com/web?pid=617686>

Politics

Essays on Myanmar's Genocide of Rohingyas (2012-2018) / Maung Zarni & Natalie Brinham

Dhaka, Bangladesh: C R Abrar, 2019

324p.

9789843461223

\$ 20.00 / PB

416gm.

Essays on Myanmar's Genocide of Rohingyas (2012-2018) by Maung Zarni and Natalie Brinham is an exposure of the brutal killings, rapes, looting, arson and other heinous crimes unleashed by the military junta and their cohorts in Myanmar. The writers are leading human rights activists, speaking out against the atrocities in Myanmar and calling for justice. The book is significant in the sense that it points out to the lesser informed that the recent Rohingya refugee crisis did not happen overnight and is not just the result of a backlash to any so-called militancy. The discrimination, prejudice and repression have been building up over the decades, intermittently erupting in bursts of violence, the latest genocide being a culmination of all these events. Growing up a proud racist in Burma, as indeed is the title of the first chapter of the book, Maung Zarni has a first-hand understanding of the prejudices and perception that have been bred in the psyche of the people. He writes: 'Like millions of my fellow Buddhist Burmese, I grew up as a proud racist. For much of my life growing up in the heartland of Burma, Mandalay, I mistook what I came to understand years later as racism to be the patriotism of Burmese Buddhists. Our leading and most powerful institutions, schools, media, Buddhist church and, most importantly, the military, have succeeded in turning the bulk of us into proud racists.'

<http://www.marymartin.com/web?pid=617687>
